

Mount Laurel Township presents
FALL FESTIVAL 5K RUN

Saturday, September 26, 2009 – Rain or Shine

Start of 5K Run / Walk – 8:30 am

Children's Run – Ages 6 & under – 8:15 am (200 yard fun run)

Course: 5K course all within the boundaries of Laurel Acres Park.
Asphalt path – Dirt Road – Grassy Terrain – Nature Trail

Registration: Only - \$20.00 by mail to the address on the Registration Form
- Includes a T-shirt (Guaranteed for the first 100)

Or the day of the race \$20.00 – 7:30am at the Park (T-shirt if we haven't run out)

**A PORTION OF THE ENTRY FEE WILL BE DONATED TO THE MT. LAUREL
EMT TRAINING PROGRAM**

Race Packets: Pick up the day of the race at the finish line prior to the race.
We will be at the Park at 7:30am.

Awards: A trophy to the top male and top female 5K run finisher

**Medals to the top three males and top three female 5K Run finishers in each age
group:**

9 & Under; 10-12; 13-15; 16-19; 20-29; 30-39; 40-49; 50-59; 60 & over

Prize for every child in the 6 and under fun run

Directions to Laurel Acres Park: Take Rte. 38 to Church Street South.
Church Street South to Entrance of Laurel Acres Park on Left.

Information: call Jim Keenan at 856-727-6918 or Ralph Giangiulio at 856-234-2623 or

Email StriderRunners@aol.com

Please fill out the Registration on the reverse side of this letter, and mail or bring it in with your check or money order today. Make sure you sign the Release Form at the bottom.

REGISTRATION FORM ON THE BACK

Race day – September 26, 2009 – Rain or Shine.

MOUNT LAUREL FALL FESTIVAL 5K RUN - REGISTRATION

First Name _____ Last Name _____

Address _____ City/State _____
Zip _____

Phone _____ Age on day of Race _____

Email _____ Male ___ Female___ (check one)

T-Shirt Size: XL L M S - circle one (we will hold a shirt for pre-registration runners only. Size as indicated or the next size available for the first 100 runners guaranteed. The day of race runners will be subject to availability)

Fee - \$20.00 for pre-registration. \$20.00 the day of the Race

Make check payable to Mount Laurel Township

Mail To: Mount Laurel Township
100 Mount Laurel Rd.
Mount Laurel, NJ 08054
Attn: Ralph Giangiulio – 5K Race

You must sign the Release Form of this application to complete registration.

5K RUN RELEASE FORM

In consideration of the acceptance of my entry, I hereby represent that I have read this application fully, have adequately trained to participate in this athletic event, understand the risks involved in strenuous physical exercise and therefore I assume the risks associated with participating in this event. I hereby for myself, heirs, executors and administrators waive and release all claims that I or they may have against the organizers of this event, the Mount Laurel Festival Committee, Mount Laurel Township, and all sponsors of this event.

I shall abide by all decisions of the race officials as final.

Runner's signature: _____

Parent/Guardian if under age 18: _____

Date: _____