



www.TumblinTots.net

Mount Laurel Recreation Department Offering:

*****NEW*****

**5 Week Session
Monday Evenings**

November 14 – December 12

Our "Adventures in Exercise" make fitness fun for children. With exercise hidden within play based activities your child will build motor skills and coordination while having fun and developing social skills. Activities include weekly greeting and stretch, cardio warm ups with props and music, obstacle courses and games, parachute play and more! In a non-competitive setting we encourage listening and cooperation and it is our goal to see that each child experiences feelings of success during each class leading to improved self-esteem and confidence.

Mommy and Me Movement Class - Fee: \$45
18 month - 2 1/2 year olds @ 5:45 – 6:15

Tumblin' Tots- Fee: \$55
2 1/2 - 4 year olds @ 6:30 – 7:15

Classes will be held at:
Mount Laurel Senior Center
100 Mount Laurel Road ~ Mount Laurel, NJ 08054
Please mail registration and payment to this address also.
Attn: Allissa Giangiolio
Make all checks payable to Mount Laurel Township.

Parents are required to stay with child and participate when necessary.

Registration Form

Circle Session Time: 5:45 / 6:30

Name of Participant _____ Age ____ Birth date _____
Boy _____ Girl _____ Parent/Guardian Name _____
Address _____
Phone _____ E-mail _____

I, _____, give permission for my child, _____, to participate in the Tumblin' Tots Children's Program. I understand that participation in any physical activity involves inherent risk and that even when safety precautions are utilized, injuries can occur. I hereby release Tumblin' Tots LLC & Mount Laurel Township, its employees, staff and volunteers from all claims, including bodily injury, which may be sustained in connection with participation in this program. I give Tumblin' Tots LLC permission to have my child appear in media and understand this is for the professional use only of Tumblin' Tots LLC.

Name of Parent/Guardian: _____
Signature of Parent/Guardian: _____ Date: _____